



## Balancing of Energies: *During Winter of 2009-10*

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By Deborah Sue Pomeroy Reckmeyer  
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We are in a bridging time between the old way of operating in this world and a new. The male masculine dynamic has ruled the world for many years. The energies based on power and control has sent our world spinning out of control in every direction.

The new time is one of the 5<sup>th</sup> dimension, a higher way of being. This is the zeropoint termed as the end of the world by many cultures at many times, like the Mayan 2012 discussed by Ian Xul Lungold, Terrance McKenna and his Zero Wave computation on resonance, and Gregg Braden and his concepts of the Zeropoint. (Do your own research).

This new time is one shifting to a higher resonance within the 5<sup>th</sup> dimension that operates from a state of non duality. This change is one of balancing of energies and all that exists out of balance in our world today.

The current way of operating is from a broken state that is ruled by forcing a shortsighted viewpoint in a specific situation without any understanding to the overall repercussions of our actions. This dissected and compartmentalized viewpoint has allowed for decisions within this time to create the brokenness that we see in this world right now.

The shift is bringing our beings not the end of the world in total destruction of all we see. That would be the logical understanding with the current mind of forcing change. But rather it is embracing the balancing affect to raise our energies to the state of singularity or zeropoint where we can achieve a non duality way of being that allows for the highest good and right action of living authentically within this dimension. This is operating from a crystalline state that activates our full being into its highest potentiality.

In the current day, each of us is experiencing the divide that is going on. We are seeing over and over again the old dynamic playing out in its shortsighted fixes, knowing that this is not the way. We realize that there is more that what we have learned and know there is a better way to be in this time and place.

We see that people are coming off the wall and being spurred one way or another. Their decisions are clearly placing them on one side or another. Even their weaken state from being dumbed down is forcing them to decide where they stand.

Where is their faith? Either it is externally in the systems that have failed or internally in the life beyond what we see. All of us is having to decide.

This transition has been an onslaught of cleaning out our houses and our lives to bring clarity in our position. The challenges we have faced are marking the ground in which we stand.

Most of us are tired, though we have dedicated ourselves to the path and have reinforced as much as possible to 'be ready' for this time.

We need to be gentle with ourselves and realize that the process of unraveling the web of complication and reweaving a balanced pattern in our lives is arduous work and takes dedication and skill to achieve our desired ends.

Do not be concerned with all the havoc raging in the world. Unless you are called to speak to the masses to awaken, inspire and guide this time, focus on our individual lives and what we are called to do daily with each step we put forward.

Learning to be passive and letting experts solve the problems we see has caused a bondage of our souls. This is a bondage we have given freely and it is time to take back the chains of our own destiny and free our beings in this dimension to live into our fullest selves. They, the ones running our world, cannot get beyond all the brokenness that keeps us from living the fulfilling lives we seek.

Right now is the time to stand up and take full responsibility for all which is ours. This we have been doing in recent times.

Another injustice to our soul has been what we have learned about who we are and what we can do. Our ancient origins, our sacred languages and the truth about our beings have been kept from us. This subversion of once held knowledge has created a state of ignorance, arrogance, apathy, unawareness and no desire to act. We have disconnected our beings from our higher self. The Gods of our soul have been silenced by the mayhem of our world.

Right now is the time to stand up and re-awaken our inner being and remember all that we are.

The importance as we come into the dark of night and embrace the depths of this time, we must be aware of energies. WE are in the process of learning a new way. Many energies are increasing during this time. An influx of energy is coming to soften the powers of force and control.

This time is one to open our eyes and see the difference in our being. When life spins out of control our response is not to escalate to a more controlling and negative state of being. The new response is to become more firmly planted in self and stand strong in our foundational being of higher existence. This is actually a response of softening our energies to counter balance the harshness of the old way.

The new children and the changing circumstances in our lives are here to teach us this experience in a real way. As the ADHD or Autistic child gets out of control, if our response is to force them by an external control they spiral into a complete frenzy. With the full spectrum of children today being 'part of this new attention deficit' as we call it... is actually in fact learning to understand that the old way will no longer work. Anyone responding by external force will always create a situation that is more out of control. The desired outcome is lost and the escalated state sends all involved into extreme spins that ends in a 'lose-lose' for everyone. Energy is wasted and the situation is destroyed.

The new way is when life escalates and things spin out of control, we become firmly planted in ourselves. We do not seek reinforcement or desired outcome from the external. Our focus does not send negative energy to force an action. Our internal focus of stabilizing our situation on a quantum level sends the

entangled energies to immediately bring a state of wellbeing and peace. A complete balancing of our internal world creates the balancing of our external.

This new energetic response is a 5<sup>th</sup> dimensional response. It is crystalline and can be amplified through the energy fields within this dimension. We can use the ley lines and the energy grid to bring a higher power to any situation immediately. Through our internal vortex energies, the so called 'star gates,' we open our entangled quantum energies to work with the quantum energies of this world.

Through this winter the goal is to see the energies we are experiencing and using during this time. We are here to counter balance the old energies with the new energies. We are receiving a tool that can be used in our lives and utilized to the fullest power. But like any tool there is the learning curve of understanding how to use the tool correctly. The tool itself is neither good nor bad. The importance is on the intent of the user.

This time is one where the non duality will remove the good and bad. This world will end. The new world will rise up in its place. The natural laws of the multidimensions will replace the current ways of operating in our limited world.

Life has been filled with reacting to one state or another. The storms have raged. This new state of being will dissipate the storms. Armageddon is not the destruction of the world. The second coming is not the end of our existence. This time is about a new beginning.

This new beginning is un-learning and re-learning all that we think and believe. This is not a simple task. When we put all our belief in experts and what we see, we have made the external our God. This time is about returning God to its rightful place within our soul. This rightful place is basically getting right with ourselves: first within our internal world and then within our external world. Building a strong foundation from 'knowing thyself' we can create an authentic way of being. This rightness is in a firm foundation from our internal source of creation. The clarity of the connection creates the abundance in our abilities to navigate our energies to work with creation in this dimension.

This is not the limited concepts of being free to do anything we want or materializing all the moneys of the world. Life has a balance. All that we do and are have an effect. Our efforts will have lasting affects we encounter every moment. This time is to learn how to take the responsibility of our actions and wield our highest and best energies for our most authentic purposes. Like a sword or saber this takes skill and practice. Our intentions require a new found focus. Here is where our conscious creation will bring forth the most amazing results.

This is a new time. Now are the pains of labor to bring forth this life. Stay focused on the baby. Do not get lost in the blood of the moment. Do not give in to the pain and let go of all the work we have done to achieve this new time. Know that life is coming and we have chosen to be part of this time.

## ABOUT THE AUTHOR



### **ThriveRightNow.com**

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*Deborah Sue Pomeroy Reckmeyer lives in Northern Virginia with her husband and children. She works from home on a variety of projects ranging from consulting to supporting authentic living and conscious creation. She is developing a host of websites dedicated to bringing people and needed resources together so that each can embrace their personal power by 'doing their own research' and taking personal responsibility in their own lives.*

*Deborah has been called a philosopher, a visionary, a teacher, a healer, a prophet, a muse, a mentor, a friend, a wife, a mother, a sister and a daughter. Actually she is a spiritual being of light energy experiencing and expressing herself imperfectly through her limiting bio-suit that does not fit her free spirit within this dimension, like everyone else.*

*Deborah lives in the broken world with the rest of us. She, as others do, expresses her vision with her wisdoms in today's culture. She has studied and researched science, physics, the language of math, medicine, healing, philosophy, history (ancient origins & myths), psychology, education, teaching, human development, animal training and many other pursuits. Each falls short from the vision that Deborah holds. Plainly life does not work. Many would say that Deborah has failed to fit into the current system of this dimension. Deborah would say that the current system has failed to work (not only for herself), and she is dedicated to her part in forging the new way that will bring forth a world that works for all. Deborah is currently pursuing many esoteric teachings to further her personal evolution and expansion.*