



## **Boundless Living Challenge: *Discovering Our New Crystalline Essence of Quantum Living***

*By Deborah Sue Pomeroy Reckmeyer*  
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Today I am contemplating what I should base my 'Boundless Living Challenge' on. What should be my 45 day goal? A couple newsletter emails prompted me to go through my assortment of large 5 inch 3-ring binders holding my writings over the last 25 years. Opening the books brings all kinds of memories and emotions into my reality of today. Such a full life filled with writings that still ring true today. The assortment of colors fills my soul with the depths of my experience over a great expanse of time. Even reviewing some of my papers in college like 'the responsibilities of an educated person,' 'the search for meaning,' 'the whole child,' 'crisis in America,' 'if I were my own child' and 'the creation of myth' reminds me of the journey I have been traveling since the beginning of this life.

"Man is motivated to search for a meaning to his existence. He formulates ideas on the experiences he encounters. With acquired understanding of these experiences, he develops an understanding of what he perceives the truth of reality to be. This understanding allows him to formulate theories about his perceptions. The more knowledge man seeks the better his understanding of reality becomes. When his knowledge supports his theories, he builds a strong faith in their truth. The faith in his theories allows him to develop a myth that about their truth. The myth provides a goal. As long as there is a dedication to seeking further knowledge about truth, meaning in life will exist, provided man is true to himself." Deborah Sue Pomeroy, *Man's Search for Meaning*, 1992.

The common threads from so long ago still ring true today, yet filled with more vibrant and more passionate than those early days when I was trying so hard to find my way. Do not get me wrong, I still do not have a clear picture, but I am stronger in who I am and dedicated into finding the clearest connection to be in tune with my inner calling.



My previous challenge was to create a canvas in which to paint my life. Now honestly this has been the process of my whole life. The challenge was to focus it clearly into my intention and build a solid foundation so that I can free myself from the bondage of the past and remake the essence of my life in line with my highest intentions.

In truth, I have been on this path for a long time, but the great benefit of the Boundless Living Challenge is that fact it is what did my brother call it... ? a 'forcing factor' to help clarify and focus intention. We all need a forcing factor in our life to help us shape the directions we are actually choosing to go. Without them present we tend to just wonder and get lost with no definition in our direction.

We live in a very concrete world that can be described as very materialistic and almost flat. We look at life on a very superficial level and never really dive into the depths of existence. Only through our life events that we choose to create (ie. BLC, climbing a mountain, choosing a type of competition or setting a goal beyond our current situation) or through our life experiences (ie. death, divorce, devastation and loss) do we stretch beyond our comfort zone. These experiences create a chance for us to become more and have a greater awareness in life or dig deeper into our protected blindness. Most times the blocks we experience that keeps us from getting what we truly desire is our own personal intentions. We are the greatest thing in our lives that i prevent us from achieving more and being more and doing more.



My last challenge was to strip away all that is not real in my life and make sure that I am living as authentically as possible given the constraints of my current situation. I believe that a current limiting factor in today's world is that we fix one aspect of our lives leaving others in shambles. I feel that we need to address all aspects and reweave an authentic wholeness in our lives. This was coming out of the closet into the fullest essence of being. I began to embrace the fullness of my being and removed more constraints that have tied me to a limiting belief from the past.

#### **MY LAST CHALLENGE INTENTION**

**To claim my Intention of the Authentic Life clearly:**

1. I choose to be successful and obtain the financial freedom to follow my dreams
2. I choose to be healthy inside and out to have the freedom to follow my dreams
3. I choose to be in the right place for myself and my family to follow my dreams
4. I choose to have healthy & balanced relations filled with love so I can follow my dreams
5. I choose to create the lifestyle that allows me to follow my dreams

The business [www.thriverightnow.com](http://www.thriverightnow.com) we are setting up is a reflection of the life we are (and have been) creating. We believe that by personally taking responsibility in our life and living authentically, we will be more holistic and much more sustainable. This is a step by step process... but in the process we are sharing what we have learned and are here to help those on their personal step by step process.

By putting all on my table, clearing away what is not mine to own, accepting what is mine to take responsibility for and laying a solid foundation, my new found canvas was created. We, as a family (my husband and my four younger children), are finally reaching the end of that step in our journey. We have put everything in our life on the table and have cleared all that we do not feel meets with our truest essence. By the end of the year 2009 into the beginning of 2010 this old life will wash away from our existence. We have worked hard to shift our paradigm to embrace a new way of being (not the one we were taught as a child nor the one we learned through our educational systems). We have worked hard to realize how to use these new found tools within the bounds of our strong willed family. Understanding concepts is one thing. Living them is another. With practice we are all getting better at realizing a new perspective on life and choosing to operate within our highest energetic experience of life. (Even the four year old!).



As we go into the cold of winter facing the short days filled with much darkness, we are laying the basis for what we will be harvesting in the coming time. Our dedication is the creating beyond the current world we see. We are alone and isolated in our new experience. We have befriended like minded individuals that are spread around the world and have tightened our close nit circle at home. This clearing of things that do not match our resonance has focused our life and allowed the pointless challenges that are only blocks in our experience to wash away. We are stepping beyond the limitations of our current vision to embrace the fullness of possibilities. This process is not working only with our

light but reaching beyond and learning to dance with our shadow. This is a balancing act to see the world more clearly and allowing the shades to shape the world we are creating. We are letting go and embracing more authentically in our lives. We are holding each other accountable to keep us in tune with our beliefs, our actions and even the resonance of our energetic thoughts we express beyond the spoken word. Life is not about beating anyone else, nor survival of the fittest, nor killing all those that are not like us, nor believing there is not enough for any of us, nor giving up our personal rights to be beholden to anyone else except our truest selves.

Some things are not okay. We thank them for giving us clarity. We draw the line and do not allow that in our world. Zero tolerance for all that is toxic to our being. We check our emotional & intellectual states to understand our navigational system. We fine tune our inner workings to make sure that what we are energetically putting out is what we truly want. We have been give an opportunity to upgrade our operating system and expand our abilities beyond the limitations of our material matrix.

#### **MY CURRENT CHALLENGE INTENTION:**

**To claim my intention to Work with My Highest Essence to Create within this Dimension:**

- **To continue securing my firm authentic deeply grounded foundation that gives me a strong point to navigate all experiences within this dimension.**
- **To continue expanding my highest essence from the depths of my soul that allows my multidimensional nature to soar to unknown heights growing in experience and expression to the fullest brilliance within this time and space.**
- **To continue facing every challenge as an experience to broaden my perspective and break through previously held self limiting beliefs to rise above choosing my truest harmonic vibrations to create within this dimension.**
- **To continue taking in experiences, learning to comprehend on many levels of my being and being capable of sharing these experiences with others so they too can expand beyond the limitations of their current positioning.**
- **To continue taking on clients that by utilizing my gifts, their experience, their perspective and their being can expand to a fuller positioning with more abilities to navigate life and produce stronger results.**

**My personal goal to achieve within the next 45 days is to close completely out my previous life, continue working with the universe 100% of my time and laying the final foundations of co-creating 100% with the universe, my husband and my family to achieve our greatest potentials for all involved. 2010 is our time to move beyond all the chains of the material flat past to realize our highest possibilities utilizing the new crystalline amplification of quantum connectedness through our deepest activated fullness of being (the new human operating system being downloaded right now during this quantum shift in consciousness). There is more to life and a better way to live... our site [www.thriverightnow.com](http://www.thriverightnow.com) plans to fully launch by the end of midwinter once all the rest of our lives are closed out and more of our vision is revealed and developed. The site will expand as we expand to help shed a spark of inspiration**

**to ourselves and others in this dimension to express and experience from the multidimensional seat of our soul into our fullest realized opportunities.**



With the quantum shift in consciousness, the approaching zeropoint of singularity and the raising of harmonic frequencies(time wave zero, Armageddon, 2012 end of time and many other things called by many people), we are living in a great time filled with so much color. This diverse brilliance is allowing each of us to make decisions about what is vital in our lives. We are choosing between the extremes to create the world we live in. The full spectrum of our experience is a reflection of our essence. The brilliance allows for clarity in our creation. The frequencies of light have a great range. This time is the choosing between a harmonic or out of tunes vibration. The mastery over our resonance creates the ability to widen our experience and expression within this realm.

With a clear foundation being diligently laid and a freeing of my spirit to shape my current path, my vision for this challenge is to work with the download of new crystalline operating system utilizing the higher frequencies to increase the potentials in creating within this dimension. With a clearer access to working with the universe beyond our limited old paradigm we reach greater potentials faster. My goal is to amplify this process to its fullest capability.



This new balance is working from a spot that has been ruled for far too long from the left hemisphere of our brain. The counterbalance is to swing into the full force of the right hemisphere. The true essence of this new download operates at its fullest capacity utilizing the highest of both. When we reach beyond the current dimension into the great expanse to the unified field we are in our right brain connected to the all in the quantum fullness of existence beyond this slice of time and space. As we move more into this dimension our world become limited by the flatness of this linear place utilizing the confounds of the left brain.

Our fullest essence exists being able to move between the two and utilizing the expanse of both. The duality gives us the definitions to navigate this dimension while the singularity keeps us on point of the greater potentials within this realm.



Being in this time and space is understanding that we have certain elements as tools to create what we need. These abilities can be learned and developed. Ancient knowledge and leading edge science are finding ways for us to embrace concepts that have been forgotten or outside our knowledge base for a long time.

By doing our own research and being receptive, we are given tools that open up our potentials. Navigating is the ability to master our being and our physical reality to create the dance of our soul within this world. My dance is not your dance, but our dance together creates the world we are living within. The choice is to either shape our world or destroy it. What do you choose?

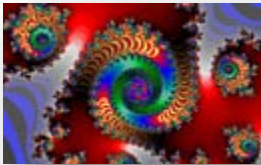


Finding our way within the confines of this reality is reliant on our abilities to tap into our inner energetic fields and work with the energetic fields within this dimension. These abilities allow us to navigate to other dimensions and develop our multidimensional nature through our multi-levels of existence. This process is not to create a harmonious perfect environment that we live a solo journey high on a mountain top. The process is to discover our own personal journey from our own position in this world. This 'quest' becomes the focus of our life and helps reveal our personal purpose within this world. Life is not about the material but instead about the relationship of our self to the material world in one way or another. Each of us defines this in our own life. Maybe we want to experience the depth of love or loss or suffering or joy or the mundane. Maybe we just want to see life from another perspective or experience the thrill of the ultimate. Life is the opportunity to be and experience a wide variety that cannot be experience without the some of the material and linear limitations of this colorful duality.



Our ancient ones have spoken of this time as armageddon, the people of the heart, 2012 end of time and the zeropoint. The newest science is revealing new information of the truth spoken by the ancients. Frequencies are increasing, time is speeding up, information is exploding, and the extremes are coming into play. Life has come to a tipping point and the future is unknown. Each of us contributes to the result of this specific time by what we are doing each moment within our immediate 'now.'

Our current job is to focus strongly on our journey and not focus on the journeys of others. What speaks to us on our path helps us to see our path more clearly.



The truly amazing thing when we realize that at the quantum level we are experiencing this dimension from our superposition. No other can know this time or space like we do. We are the experts in our own lives. There are no experts that can tell us more about our positions, our beliefs, our way of being, and what is the best thing to do for any one experience.

No other brings frequencies into this place the way our light resonates as it pierces the veil. My way is not your way. My experience is not yours. My right action will never be right in your place.

The key is that each of us from our own point in this dimension is working within our own being for the highest potential of our own right action. This is not based on our cultural view of 'right' and 'wrong.' This at the quantum level is understanding the experience of our frequencies define which path is the most authentic to our truest essence and our sacred contract that we have created to be here right now. The agreement of our soul to come into this virtual world of our earthly matrix was to be a certain being experiencing a specific reality. The player and the situations were laid out and this is our world to create through our expressions how we want our 'play' in life to unfold.

We can choose any life we want given the parameters of our current circumstances. We have access beyond our circumstances to create beyond any material limitations. This dance is one that creates as the music plays. The game changes and we continue moving along the field we have established. The

sooner we wake up to the depths of the experience the more we realize how much we can and cannot do within this dimension. Understanding the rules and the essence empowers our being to be more in tune to producing desired results. Embracing these abilities and the tools that are available allow us to 'play' as we desire. Creation is limitless. The limitations are within our perceptions.



We are not alone and are given guidance to help us unfold our reality within this dimension. We have the abilities to call on guidance and allow things to be revealed to us. Learning how to do this and what we do ultimately have power over is our own personal journey of remembrance.

We grow as we learn to embrace that which is real to our own being. This is our journey in life. Rejecting that which is not of our truest essence frees us to be more real and more empowered. Life is testing a little and living a little as we learn and grow. Staying safe in the harbor does not allow for the greatest adventures in life. The choice is ours. This is our life and what we make of it is on us.



We have the ability to stretch beyond the limitations of this existence and touch the divine. Our essence exists beyond all we know in the realm of the unknown where all things are possible. Connecting to this quantum-ness allows for our expansion here and now. This is the place where miracles happen and the unheard of is achieved. Many know this experience and developed these abilities. Others are completely unaware of any of these esoteric concepts and understandings. We need to listen to the truest voice in the depths of our soul to what resonates with our highest best interest.

Many struggle with understanding the mixed and confusing messages regarding the true nature and true essence. The only way to learn what is real and what is truth is embracing the journey to 'know thyself' and allowing the universe/god to reveal our journey to each of us. My truth is not your truth and vice versa. The key is not to get lost finding your own truth and keeping others from finding theirs.

Life is not about the rightness for another but allowing the self discovery.

My personal household is filled with a great diversity of very strong spirited individuals. None are like another and it's very ... challenging to keep the peace. The goal is not the quiet existence but instead rising up to the challenge to embrace the diversity as an option of greater understanding and the development of self. To personally navigate the awesome brilliance of each, while creating a place that all can co-exist respecting each and supporting each, is an amazing tightrope. This personal experience is stretching my abilities beyond my first hand experience to live within different communities, cultures and circumstances to help navigate the differences in spiritual experiences and expressions. Boy have I grown in every direction through my current navigation.



When we realize life is more than the flat material linear world traveling down the forward path of time, we wake up to the depth of the inward journey and the great possibilities of the outward expressions. Then by realizing that our position is like no other and we can gain so much by understanding the positions of others, we learn a great value and respect for all of life.

When we see how energetically everything is entangled and one experience affects another is so many possible directions, our eyes take in more and we experience more in all we come into contact. We begin to have a greater respect for each opportunity that we are given a choice to create an outcome that shapes the experience we are within. The more and more we realize that our connections to the divine, our higher self and every aspect of our world has a magical dance that is woven between our experience and our expression, life becomes more and more alive and more real in the moment. By embracing the glory of all that is given we in turn give more back ... this process is an ever expanding explosion of the ultimate expression.



The ultimate goal in any experience is to find our inner bliss and live into our fullest potentials... whatever that looks like. We are here to dance in the rain and create with the universe. Life is about our relationships... and we do this imperfectly. This time is about discovering the depths of our truest nature, working within our personal truths and fulfilling our soul's contracts to live our fullest lives. The key is to live! The only way to truly live is to embrace the current moment with our fullest presence.

## ABOUT THE AUTHOR



### **ThriveRightNow.com**

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*Deborah Sue Pomeroy Reckmeyer lives in Northern Virginia with her husband and children. She works from home on a variety of projects ranging from consulting to supporting authentic living and conscious creation. She is developing a host of websites dedicated to bringing people and needed resources together so that each can embrace their personal power by 'doing their own research' and taking personal responsibility in their own lives.*

*Deborah has been called a philosopher, a visionary, a teacher, a healer, a prophet, a muse, a mentor, a friend, a wife, a mother, a sister and a daughter. Actually she is a spiritual being of light energy experiencing and expressing herself imperfectly through her limiting bio-suit that does not fit her free spirit within this dimension, like everyone else.*

*Deborah lives in the broken world with the rest of us. She, as others do, expresses her vision with her wisdoms in today's culture. She has studied and researched science, physics, the language of math, medicine, healing, philosophy, history (ancient origins & myths), psychology, education, teaching, human development, animal training and many other pursuits. Each falls short from the vision that Deborah holds. Plainly life does not work. Many would say that Deborah has failed to fit into the current system of this dimension. Deborah would say that the current system has failed to work (not only for herself),*

*and she is dedicated to her part in forging the new way that will bring forth a world that works for all.  
Deborah is currently pursuing many esoteric teachings to further her personal evolution and expansion.*