

Truth in Government Conspiracy Theories

Light Energy: Human Ascension



Light Conspiracy Theories, such as the Human Ascension, are as much a part of our reality as [Side Conspiracy theories](#) and yet in the post [conspiracy theory](#) aftermath we can either [honest with ourselves and awaken from the dream](#), or we can choose to stay asleep and carry on as if our political, religious and educational leaders are telling us the whole truth. It becomes self evident, when we [our own research](#), that we are being manipulated, with a false reality, that leaves out many facts. These [Side Forces](#) have not only left out the facts but in truth they have knowingly led us down a path that keeps us from the truth. Light conspiracy theories have within them the seed to unleash the [of Light](#) and release [Energy](#) on a scale that has heretofore been suppressed by the [Side](#). It is time to unmask the [Conspiracy Theories](#) and sort through what is theory and what is fact.

Once we choose to transform ourselves we come to a realization that it involves many facets and fields of study. We come to the Chakra system, our Energy Light Body that gives us the ability to activate dimensions that heretofore we may have been unaware of. The Energy Light Body is our antenna system and it is activated when we focus our intention and change our vibration (frequency) to quicken our connection to the higher realms.

The Eastern spiritual practices have a long history of meditation and light body activation. They have a great understanding when it comes to developing ones inner light and the power of focused intention. I have found that a disciplined study and a once or

twice daily meditation for about 20 to 30 minutes, each time, will bring almost instant results in ones ability to manage stress, increase telepathic abilities, and illuminate ones light body. Within several days one can notice a calming, less stressful experience and an ability to sense higher-faster energy. One can read the energy in a room. One can feel their own light shining brighter and through their focused intent create a more a positive inter-action with those in their experience.

Our energy light body is our true body. Our physical flesh and blood is focused through our Chakra system and is projected into the 3D reality that we understand as the real world. In truth the real world is the spectrum of light that makes up our musical, multi frequency universe. If we can begin to understand that our energy body is our connection to the rest of creation then we will begin to develop ourselves and we will change our focus from the material to the spiritual.

We have the ability to transfigure our light body through a process of raising our consciousness, increasing our vibration and resonating at a much faster frequency. When we activate our higher energy system we literally transform our DNA activating more strands, sometimes referred to as junk DNA. This process is enhanced tremendously when we are meditating on love, compassion, forgiveness, grace and the higher spiritual energies. When we are in-spirit(ed) we resonate a very fast frequency. Conversely when we are in fear or angry about something, we resonate very slow frequencies.

The key to light body activation and ascension is a commitment to the process, a focused intention and an understanding of the age we are living in right now. The fact that we have entered a high energy portion of space, in our galactic cycle, enables us to quicken our transformation. We are in the photon belt which is made up of highly concentrated light particles, sometimes referred to as consciousness units, God particles or just plain old photons. As we move in and through this high energy we will literally transmute or DNA spiral and it will unwind and fill up our DNA molecules with light. If we focus our consciousness on the process we can transfigure our light body radiating more light. We increase our telepathic abilities and can communicate with other entities tuned to our vibration. Those other entities can be earth humans or off world entities here intending to interact with those souls who are ready.

This is a fabulous time to be living on planet earth, challenging to say the least but also very rewarding if we will hold on for the ride and stay focused on our personal and collective ascension. This can be the most exciting mission any person could sign up for. I find when we offer ourselves to help in this great work we will be transformed by the simple act of stepping forward. Each step along the way activates our higher spiritual energy and helps those around us to resonate faster. It works like a tuning fork. If we are about love and compassion and we are focusing our intention for a complete transformation of our personal and collective experience then it will have a compounding effect. Each person who activates their higher energy and radiates it out to the world will literally light up the world.

Sadly, there is a lot of work to do educating the people, building networks and getting the higher faster vibrations out to friends, family, coworkers and those around us. The key is to make the commitment, follow through with a disciplined approach and stay focused on what one intends. Meditate daily, maintain healthy boundaries with family, friends, and co-workers and just relax into a more joyful life experience. It may still feel a bit overwhelming, at times, when one looks at what the Dark Side is doing, but keep your eye on the light and all will be well in spite of what is going on around us.

If one is focused on the dark then darkness is what one sees. Light a candle and a whole room can be illuminated. We are extremely powerful beings of light, illuminated by the Super Universal Consciousness and engineered in such a way that we can reflect that light. Magnifying the light is our mission not only for our own illumination but so we illuminate others.

As the Master said;

"Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven." Matthew 5:16

Peace

RR